MENTAL/EMOTIONAL HEALTH AND SUBSTANCE ABUSE IN MAT-SU

WHY SHOULD WE CARE? IT INVOLVES LIFE, DEATH AND MONEY

IN 2013

About 1 out of 4 motor vehicle accidents involve drugs and alcohol.

In almost half of all Mat-Su suicides and homicides, substance abuse is suspected.

MAT-SU'S SUICIDE DEATH RATE: 2X THE US RATE

20% of Mat-Su middle school students seriously considered suicide.

IN 2013,

2,391 PATIENTS WITH BEHAVIORAL HEALTH DIAGNOSES went to Mat-Su Regional Medical Center Emergency Department. Their charges totalled 

$23 MILLION DOLLARS

An additional cost of $1.6 million dollars is estimated for law enforcement, 911 dispatch, transport, etc.

These patients had HIGHER CHARGES, MORE FREQUENT VISITS, AND LONGER STAYS, and are more likely to return to the hospital within 30 days as compared to other patients.

BEHAVIORAL HEALTH = MENTAL/EMOTIONAL HEALTH & SUBSTANCE ABUSE

DOES THE CURRENT SYSTEM OF CARE WORK?

► Not enough behavioral health services to prevent or handle most of people in crisis.

► Many people with behavioral health needs keep cycling through the emergency system.

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WHO IN MAT-SU IS AFFECTED?

**EMERGENCY RESPONSE FOR BEHAVIORAL HEALTH CRISIS**

- 851 CALLS
- 432 CALLS
- 6053 VISITS TO THE MSRMC ER IN 2013

**TOP 5 REASONS**

1. ALCOHOL RELATED DISORDERS (#1 REASON FOR 18-64 YEAR OLDS)
2. SUICIDE IDEATION OR ATTEMPT (#1 REASON FOR UNDER 18 YEARS)
3. ANXIETY DISORDERS (#1 REASON FOR SENIORS)
4. SUBSTANCE-RELATED DISORDERS
5. MOOD DISORDERS

- 29% HAD COMMERCIAL INSURANCE,
- 22% MEDICAID, 22% MEDICARE,
- 27% SELF PAY/OTHER

- 66 SUPER UTILIZERS (10+ VISITS) HAD 1024 VISITS

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